

**Department of Kinesiology, Sport, and Leisure Studies
College of Education and Graduate Studies
Grambling State University**

Course Syllabus

Producing knowledgeable, skilled, and compassionate educators and other school professionals in the place “Where Everybody is Somebody.”

Course: REC 201-Outdoor Recreation
Semester Hours: 12
Semester Offered:

Instructor:
Room:
Office Phone:
Email:

Course Description

Introduction to various activities available to individuals while participating in outdoor experiences. Provided will be instruction in backpacking, outdoor safety, map reading and orienteering, conservation (going green), outdoor menus, food preparation, and camping skills. A field trip is required for a day or overnight camp.

Rationale

This course views outdoor recreation from a historical, spiritual, social, psychological and economical perspective. It also analyzes facilities owned and operated by all levels of government as well as the commercial and private sectors.

Disability Services for Students

Grambling State University maintains the Office of Disability Services for Students (DSS) to help assure compliance with the rules and regulations set forth by various congressional acts, i.e., the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA) 1990. This office has created an atmosphere of opportunity by providing services and mediating considerations for students.

The primary goal of the Office of Disability Services for Students is to ensure access for students with documented disabilities and to contribute to the development of self-advocacy and confidence of students with disabilities. We encourage students to take control of their own learning and to discuss the means for arranging types of appropriate support. In addition, we serve as an advocate for students in determining appropriate considerations.

The Office of Disability Services is located in the GSU Student Counseling Wellness and Resource Center, it is recommended that you read the handbook located on the GSU Webpage, as it will be a useful reference throughout college and beyond or visit and/or call the center on campus 318-274-3277

Conceptual Framework Theme and Selected Program Outcome for the Course

Through broad-based curricula, consisting of performance-based assessment, research-based instruction and strategic field experience, the nationally accredited program in the Department of Kinesiology, Sport, and Leisure Studies graduated competent, skilled Leisure Studies professionals. Content, professional knowledge, skills and disposition enable professional Leisure Studies faculty to develop coursework that challenges students to pursue their full potential. The department recognizes and adheres to the standards and evaluative criteria set forth by **the Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT)**.

Learning Outcomes

Students will have knowledge of:

1. Historical, social, spiritual, psychological and economical perspective of outdoor recreation. 7.01
2. Visionaries and practitioner pioneers who show the need to preserve land, establish programs, and develop concepts of leisure in natural resources. 7.01
3. Acquainted with then nation's various government resources and the preservation of natural resources. 7.01
4. Recognize basic facts, concepts, principles, and procedures of management/administration, financial and human resource management.7.03
5. Investigate recreational opportunities that take place on privately owned land, industrial, business and commercial enterprises. 7.02
6. Teaching methodology and practices of implementing the outdoor education varies by grade levels. 7.02
7. Recognize various types of outdoor activities done on land, snow, on water and in the air as well as navigation and safety. 7.01
8. Impact of outdoor recreation on the environment.7.03

Textbook

Hilmi I & Cordes, K. (2008). *Outdoor Recreation: Enrichment for a Lifetime 3rd ed.* Champaign, IL. Sagamore Publishing:

Evaluation	Evaluation Items
Percentage	
20%	Quizzes
10%	Reflection
5%	Documentation
10%	Programs
5%	Reaction papers
10%	Outdoor show
15%	Midterm Exam
10%	Flies
<u>15%</u>	Final Exam
Total =100%	

Course Requirements

1. Daily and prompt attendance for all class periods.
2. Completion of course competencies with at least 80% accuracy.
3. Pass all written or oral examination, presentations and quizzes.
4. Turn all assignments in on time.
5. Daily study and class preparation.
6. Be familiar with internet resources, computer lab research and e-mails.

Course Outline and Assignment Due Dates

Week 1	Introduction to Outdoor Recreation
Week 2	Foundation of Outdoor Recreation
Week 3	Nature and the Spiritual Life
Week 4	Visionaries and Pioneer of the Outdoors
Week 5	Psychology and the Natural Environment
Week 6	The Social Aspects of Outdoor Recreation
Week 7	The Economics of Outdoor Pursuits
Week 8	Outdoor Resources – Federal, State and Local
Week 9	Management Education and Participation
Week 10	Education and Outdoor Recreational Activities
Week 11	The Environment
Week 12	Organization Involved in Outdoor Recreation
Week 13	Federal Laws Related to Outdoor Recreation
Week 14	Viewing and Learning Outdoor Education
Week 15	Viewing the Night Skies
Week 16	Final Exam

Class Format, Reflection Process and Teaching Strategies Used in the Course

This course will be taught through traditional, active learning and electronic modes using lecture, discussion, group activities, multimedia presentations and online/internet assignments.

Technology Infused into this Course

Undergraduate candidates will be required to use email, the Internet and/or Moodle and Canvas. PowerPoint and Smart Board may be used for individual/group class presentations. Assignments may be submitted via email/Moodle/ Canvas