

**VITA FOR**  
**Theresa Gray-Jacobs, MPA, CTRS**

**Formal  
Education:**

United States Sports Academy, Daphne, Alabama  
**Ed.D Sports Management, May 2013**

Grambling State University, Grambling, Louisiana  
**M.P.A. Health Services Administration, May 1997**

Grambling State University, Grambling, Louisiana  
**B.S. Therapeutic Recreation, May 1993**

**Professional  
Experiences:**

**City of Shreveport SPAR, Shreveport, Louisiana**  
Superintendent – 2013 – present

- Conduct and develop therapeutic programs for people with disabilities
- Manage therapeutic recreation staff
- Attend weekly staff meetings
- Coordinate therapeutic recreation internship program
- Instructed and supervise recreation staff and student interns
- Coordinate staff members in recreational therapy methods and techniques
- Collaborate with other agencies/organizations on new projects
- Assist with grant writing
- Present at conference and conventions
- Conduct in-services for SPAR Staff
- Coordinate special events/programs
- Instruct First Aid/Cardio Resuscitation classes
- Provide health and safety in-services
- Develop and coordinate community health and leisure education programs
- Develop treatment plan based on evaluation findings
- Write clear and concise documentation
- Administer excellent interpersonal and communication skills
- Adhere to the Therapeutic Recreation Standards of Practice and SPAR policies and procedures
- Advocate for therapeutic recreation and special needs population

**Grambling State University, Grambling, Louisiana**  
Adjunct Instructor – 2014 - present  
Instruct undergraduate courses

**Grambling State University, Grambling, Louisiana**  
Internship Supervisor/Instructor – 2008 – 2013

- Coordinate student internship program
- Coordinate job placements/opportunities for graduating seniors/post graduates
- Monitor students progress and maintain communication with intern facility supervisors
- Revise Kinesiology, Sports and Leisure Studies internship manual
- Instruct undergraduate students in Leisure Studies Program and Physical Activity
- Supervise and coordinate student organizations
- Serve as student academic advisor (60+ students per semester)
- Serve as student organization advisor
- Organize fundraisers for student organizations
- Develop test-prep program for students certification examinations (NCTRC)
- Develop strategies for level testing and evaluation

- Coordinate and assess all Scantron testing in the department
- Assist in coordinating certification examination workshop for the students
- Present and coordinate meetings, workshops, conferences, conventions and special events
- Instruct First Aid/Cardio Pulmonary Resuscitation/AED classes for interns
- Advocate for leisure studies in the community, state and nationally
- Develop and coordinate community health and leisure education programs
- Assisted with coordinating 2010 conference at Grambling State University
- Assisted with coordinating 2011 & 2012 LRPA conferences
- Provide information technology support for the department

**Georgia Pacific, West Monroe, Louisiana**

Consultant – 2008 – present

- Instruct First Aid/Cardio Pulmonary Resuscitation/AED classes
- Provide health and safety in-services
- Inspect and record safety checks on equipment
- Provide promotional employee health and safety

**Serenity Springs Hospital, Farmerville, Louisiana**

Consultant – 2008 –2015

- Supervise recreational therapists
- Develop Programs for the Recreational Therapy Department
- Conduct individual and group activities
- Develop treatment plan based on evaluation findings
- Write clear and concise documentation
- Select and administer a variety of testing methods
- Coordinate in-service for recreational therapists
- Instruct First Aid/Cardio Resuscitation classes
- Administer excellent interpersonal and communication skills
- Adhere to the Therapeutic Recreation Standards of Practice and agency policies

**Grambling State University, Grambling, Louisiana (Part-time)**

Assistant Director of Orchestis Dance Company– 2008 – 2012

- Served as official university travel representative
- Facilitated rehearsals and events
- Assisted with evaluating dancer's performance
- Served as First Aid/CPR first responder (First Aid/CPR Instructor)
- Assisted with strength and condition of dancers
- Coordinated all travel
- Organized and executed routine paperwork for travel
- Monitored academics for all dancers
- Served as alternate disbursement representative for travel per diem
- Assisted with budgetary needs
- Ordered and distribute costumes
- Assisted with organized sponsorship and coordinate event marketing/promotion
- Coordinated and raised \$40,000+ for the dancers to attend conference in New York, NY

**Allegiance Health Care Ruston, Louisiana**

Consultant – 2006 – 2008

Director of Recreational Therapy Geriatric Psychiatric Facility 2006-2008

- Developed and implemented geriatric psychiatric programs
- Developed treatment plan based on evaluation findings and set goals
- Conducted individual and group activities
- Developed recreational therapy interventions and treatments based on patients needs

- Wrote clear and concise notes
- Documented treatment plans and goals
- Instructed and supervise recreational therapy assistants, student interns, and subordinate staff members in recreation therapy methods and techniques
- Participated in interdisciplinary team meetings
- Evaluated patients progress and to present evaluative reports and
- Developed performance improvement methods
- Developed Recreational Therapy policies and procedures
- Coordinated special events for the hospital
- Instructed First Aid/CPR classes
- Developed and directed community health education programs
- Supervised mental health technicians
- Provided monthly in-services
- Presented at meetings, workshops, and conferences

**Grambling State University** Grambling, Louisiana

Adjunct Instructor– 2006 – 2008

Instructed undergraduate students in Leisure Studies Program

**Promise Specialty Hospital** Shreveport, Louisiana

Senior Recreational Therapist/ Aquatic Therapy Coordinator - 1996-2005

- Develop treatment plan based on evaluation findings and set goals
- Conduct individual and group activities
- Wrote clear and concise notes
- Coordinated community in-service on health/wellness
- Provided orientation trainings
- Coordinated aquatic and health/wellness programs
- Developed and implemented geriatric psychiatric, aquatic therapy programs and rehabilitation for pain management patients
- Trained staff in program planning
- Instructed First Aid/CPR classes
- Coordinated student internship program
- Instructed and supervise student interns, recreational therapist assistants and rehab technicians in recreational therapy techniques and methods
- Participated in interdisciplinary team meetings
- Coordinated special projects for psychiatric, pain management and rehabilitation departments
- Developed performance improvement methods
- Developed and directed community health education programs
- Presented at meetings, workshops, conferences and conventions
- Advocated for aquatic therapy and recreational therapy

**Delta Sigma Theta Sorority, Inc.** Southwest Region

Regional Trainer, 2004-2005

- Educated community on ways to eliminate disparities in health insurance
- Educated community on health awareness and prevention
- Conducted health insurance training for sorority and community members
- Submitted written reports to national headquarters regarding trainings

**Madison Parish Hospital** Haynesville, Louisiana

Director of Recreational Therapy Adolescent Psychiatric Facility, 1995

- Conducted individual and group activities
- Coordinated and developed treatment plans
- Instruct and supervise mental health technicians
- In-serviced and trained staff
- Provided supportive counseling to patients

- Developed recreation programs
- Developed quality assurance methods
- Attended treatment team meetings

**Bayou Rapides Hospital** Alexandria, Louisiana

Director of Recreational Therapy Adolescent/Adult Psychiatric Facility, 1995

- Supervised and trained staff in program planning
- Instruct and supervise mental health technicians
- Conducted individual and group activities
- Coordinated and developed the implementation of treatment plans
- Developed quality assurance methods
- Provided supportive counseling to patients
- Attended interdisciplinary treatment team meetings

**Lagniappe Hospital Corporation** Shreveport, Louisiana

Director of Recreational Therapy Physical Rehabilitation, 1994-1995

- Coordinated and developed the implementation of treatment plans
- Supervised and trained staff in program planning
- Developed and implemented rehabilitative programs
- Developed and implemented quality assurance methods
- Supervised staff
- Attended interdisciplinary treatment team meetings
- Coordinated and developed the implementation of treatment plans

**Professional  
Membership:**

**Membership**

- Louisiana State Parks and Recreation Commission
- State of Louisiana Selective Service System, Board Member
- American Red Cross Northwest Chapter, CPR Instructor/Volunteer
- American Therapeutic Recreation Association
- Aquatic Therapy Rehabilitation Institute
- Certified Therapeutic Recreation Specialist via National Council for Therapeutic Recreation Certification
- Delta Sigma Theta Sorority, Incorporated, Grambling Alumnae Chapter – Summit VI: Health and Healing Chairperson
- Delta Society of Public Health Education, Vice President for the State of Louisiana
- Grambling University Alumni Association, Life Member - Shreveport Chapter (1998)
- Grambling University Athletic Foundation, Board Member
- Louisiana Health, Physical Education, Recreation and Dance Association, Board Member and Ethnic Minority Past - Chair
- Louisiana American Therapeutic Recreation Association – Magnolia Chapter, Past President
- Louisiana Recreation and Parks Association, Chair North & Central Louisiana
- Membership and Committee Member 2010 & 2011 LRPA Conference, Grambling, LA
- National Recreation and Parks Association
- National Association of Academic Advisors for Athletics
- Orchasis Dance Company, Assistant Director
- Pinkie C. Wilkerson Life Development Center, Board Member
- Society of Public Health Education
- Texas Recreation & Park Society
- Louisiana State Parks and Recreation Commission
- Louisiana Healthy Lifestyle Coordinator - Delta Sigma Theta Sorority, Incorporated

**Professional  
Development:**

**Workshops/Conferences Attended**

National Recreation and Parks Association, Las Vegas, Nevada, September 2015  
Louisiana Recreation and Parks Association, Baton Rouge, Louisiana, April 2015  
Louisiana Recreation and Parks Association, Baton Rouge, Louisiana, April 2014  
National Recreation and Parks Congress and Exposition, Charlotte, North Carolina, October 2014  
Louisiana Recreation and Parks Association, Ruston, Louisiana, January 2013  
Louisiana Recreation and Parks Association, Lake Charles, Louisiana, January 2012  
National Recreation and Park Association  
Texas Recreation & Park Society 2012 Annual Institute and Trade Show, The Woodlands, TX, March 2012  
78<sup>th</sup> Louisiana Health, Physical Education, Recreation and Dance Convention, Baton Rouge, Louisiana, November 2012  
National Association of Academic Advisors for Athletics Convention, Dallas, TX, June 2011  
TRSSW, North Little Rock, AR, March 2011  
77<sup>th</sup> Louisiana Health, Physical Education, Recreation and Dance Convention, Baton Rouge, Louisiana, November 2011  
Louisiana Recreation and Parks Association, New Iberia, Louisiana, January 2011  
76<sup>th</sup> Louisiana Health, Physical Education, Recreation and Dance Convention, Baton Rouge, Louisiana, November 2010  
Texas Recreation & Park Society 2010 Annual Institute and Trade Show, March 2010  
Louisiana Recreation and Parks Association, Grambling, Louisiana, January 2010  
2010 Black Board Workshop Training  
2010 Smart Board Workshop Training  
2009 Service Learning Workshop  
75<sup>th</sup> Louisiana Health, Physical Education, Recreation and Dance Convention, Baton Rouge, Louisiana, November 2009  
National Recreation and Parks Congress and Exposition, Salt Lake City, Utah, October 2009  
Society of Public Health Education, Mid-Year Conference, New Orleans, Louisiana, May 2009  
Mississippi State Hospital Mid-Year Therapeutic Recreation Workshop, Whitfield, Mississippi, March 2009  
Overview of Laws Enforced by EEOC Workshop (2009)  
Louisiana Recreation and Parks Association, Gonzales, Louisiana, January 2009  
National Recreation and Parks Congress and Exposition, Baltimore, Maryland, October 2008  
74<sup>th</sup> Louisiana Health, Physical Education, Recreation and Dance Convention Baton Rouge, Louisiana, November 2009,  
Therapeutic Recreation Summit, Burton, Texas, August 2008  
Mental Health Symposium for Children, Ruston, Louisiana, June 2008  
Therapeutic Recreation Symposium of the Southwest, Little Rock, Arkansas, March 2008  
Louisiana Recreation and Parks Association Conference in Monroe, Louisiana January 2008

**Research and  
Scholarly:**

**Certifications**

Certified Therapeutic Recreation Specialist via National Council for  
Therapeutic Recreation Certification

Certified Cardio Pulmonary Resuscitations and First Aid Instructor via  
American Red Cross

ASFA Certification in Group Fitness/Bootcamp Instruction

**Presentations**

Louisiana Recreation and Parks Association Conference, *Recreation to Combat  
Childhood Obesity*, Baton Rouge, LA 2014

Louisiana Recreation and Park Association Conference, *Corrective Exercise  
for People with Disabilities*, Ruston, LA 2013

78<sup>th</sup> Louisiana Health, Physical Education, Recreation and Dance Convention,  
*Corrective Exercise*, Baton Rouge, Louisiana, November 2012

77<sup>th</sup> Louisiana Health, Physical Education, Recreation and Dance Convention,  
*Couch to a 5K*, Baton Rouge, Louisiana, November 2011

Louisiana Recreation and Park Association Conference, *Internship as a  
Practicum: Bridging the Gap*, New Iberia, LA 2011

Louisiana Recreation and Park Association Conference, *Issues in Experiential  
Learning: Curriculum versus Practicum*, New Iberia, LA 2011

Retired Teachers Annual Meeting, *PACE Program: People with Arthritis Can  
Exercise*, Grambling, LA 2011

76<sup>th</sup> Louisiana Health, Physical Education, Recreation and Dance Convention,  
*Internship as a Practicum: Bridging the Gap*, Baton Rouge, Louisiana,  
November 2010

76<sup>th</sup> Louisiana Health, Physical Education, Recreation and Dance Convention,  
*Student Roundtable Forum*, Baton Rouge, Louisiana, November 2010

Links Incorporated, *Walk-A-Thon*, Grambling, LA 2010, 2009

Retired Teachers Annual Meeting, *Why Do We Need to Exercise*, Grambling,  
LA 2010

Overton Brooks Veterans Administration, Depression Group, *Relaxation  
Technique: Tai Chi for Depression*, Shreveport, LA 2009

Retired Teachers Annual Meeting, *Activities for the Aging Population*,  
Grambling, LA 2009

Louisiana Recreation and Park Association Conference, *Activities for the Aging  
Population*, Gonzales, LA, 2009

Upon the Rock Outreach Ministry, *Mother/Daughter Seminar: Relaxation  
Techniques*, Ruston, LA 2009

Allegiance Health Care Annual Education, *Body Mechanics*, Ruston, LA, 2008

Allegiance Health Care Health and Safety, *CPR 101*, Ruston, LA 2008

Shreveport Public Assembly and Recreation, 2008 Therapeutic Recreation Week Workshop, *Aquatics for All Populations*, Shreveport, LA 2008

Shreveport Public Assembly and Recreation, Staff Education Workshop, *Introduction to Aquatic Exercise*, Shreveport, LA 2008

Zion Traveler Baptist Church, *PHAT: Promoting Health Awareness Totally*, weekly exercise program, Ruston, LA 2006-2008

Promise Specialty Hospital, *Relaxation in Motion*, Shreveport, LA 2005

Pinkie C. Wilkerson Health Fair, *Be Heart Smart*, Grambling, LA 2005

Delta Sigma Theta Sorority Incorporated National Convention 2004, *Health Initiative for Women: Lack of Health Care*, Las Vegas, NV 2004

Shreveport Public Assembly and Recreation, *Aquatic Therapy in Pain Management and Rehabilitation Settings*, Shreveport, LA 2000

#### **Institution Services**

Student internship liaison City of Shreveport SPAR Therapeutic

#### **Institution**

#### **Service at GSU:**

#### **Appointments**

State of Louisiana Selective Service System, Board Member  
Louisiana State Parks and Recreation Commission

#### **Honors/Awards**

Certified Therapeutic Recreation Specialist, Group fitness/Bootcamp Instruction Certification, First Aid/Cardio Pulmonary Resuscitation – Red Cross Instructor, Moodle, Smart Board, Microsoft Word, Excel, Moodle

#### **Special Skills:**

#### **References:**

Dr. Obadiah Simmons  
Interim Department Head  
Kinesiology, Sports and  
Leisure Studies & Athletic  
Director  
Grambling State University  
Grambling, LA 71245

Yvonne Calvin  
Assistant Professor  
Kinesiology, Sports and  
Leisure Studies  
Grambling State University  
Grambling, LA 71245  
(318) 513-9312

Patrick Wesley  
Assistant Director  
City of Shreveport – SPAR  
Shreveport, LA 71101  
(318) 455-9490

Dr. Jeanette Hutchinson  
Ret. Professor Kinesiology,  
Sports and Leisure Studies  
Grambling State University  
Grambling, LA 71245  
(318) 274-2602