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### AREAS OF EXPERTISE

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| <ul style="list-style-type: none"> <li>• Health and Healthcare Systems</li> <li>• Health Education and Promotion</li> <li>• Health Communication</li> <li>• Canvas and Blackboard</li> <li>• Social Media Driven Communications and Web Content Management</li> <li>• Public and Community Health</li> <li>• Special Event Planning, Symposium, Peer Exchange</li> <li>• Program/Project Evaluation</li> <li>• Research Translation/Written Communication</li> </ul> | <ul style="list-style-type: none"> <li>• Data Collection</li> <li>• Grant and Proposal Development</li> <li>• Health Marketing Communications</li> <li>• Partnership Engagement</li> <li>• Data Analysis and Measurement Tracking Tools</li> <li>• Research/Literature Reviews</li> <li>• Lectures</li> <li>• Curriculum and Module Development</li> <li>• Statistical Software Tools</li> <li>• Survey Development</li> </ul> |
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### TEACHING EXPERIENCE

- 2024 – Present** Assistant Professor, Grambling State University; Grambling, LA  
*Medical Sociologist in the Department of Sociology/Psychology*  
*Course Content: Introduction to Sociology, Minority Groups, Introduction to Social Science, Sociology of the Family, Sociology: Alcohol and Drug Abuse, Introduction to Environmental Sociology, Introduction to Social Gerontology, Social Psychology, Social Problems, Sociology of Mental Health, Introduction to Medical Sociology, Statistics, Research Methods*
- 2022 – 2023** Graduate Teaching Assistant, Howard University; Washington, D.C.  
*Teaching Assistant in the Department of Sociology and Criminology*  
*Course Content: Introduction to Sociology*
- 2018 – 2021** Instructor, Montgomery College; Silver Spring, MD.  
*Part-time Sociology Lecturer in the Department of Sociology*  
*Course Content: Introduction to Sociology, Social Problems, and Sociology of Gender*
- 2015 – 2017** Graduate Research and Teaching Assistant, Howard University; Washington, D.C.  
*Performed graduate research and any duties involved; primary but not limited to assisting in the development of research studies (e.g., asthma, stress, heart disease, terrorism, and restorative justice practices)*  
*Course Content: Introduction to Sociology*

### PROFESSIONAL EXPERIENCE

- 2024 –**  
**Grambling State University (Grambling, LA)**  
*Medical Sociologist/Assistant Professor, Department of Sociology/Psychology*
- Create syllabi, modules, and course materials for sociology curriculum.
  - Deliver lectures, lead discussions, and conduct seminars.
  - Design and grade exams, assignments, and projects.

- Guide students on academic and career-related matters for advisement.
- Provide expertise serving as an advisor for the Social Science Investigators Club, Alpha Kappa Delta Sociology International Honor Society and Pre-Health Society.
- Design and administer surveys and interviews for research projects.
- Write and submit research articles and conference papers for publication.
- Attend and present at academic conferences and workshops.
- Apply for research grants, funding opportunities and write proposals.
- Work with colleagues, other institutions, and industry partners on joint research projects and advancing initiatives for social, economic and community.
- Build strong relationships with students, colleagues, and external partners.
- Serve on departmental committees.
- Participate in school and community outreach activities.
- Develop presentations, surveys and videos to improve student recruitment for social sciences.
- Plan and organize academic events such as the Black Male Health Symposium.
- Utilize educational technology and learning management systems (LMS) for teaching and administrative tasks (Canvas, Quality Matters).
- Demonstrate strong written and verbal communication abilities.
- Effectively balance teaching, research, and service responsibilities.
- Co-host on Listen to the Voices Radio Segment for KGRM 91.5.
- Leverage advanced AI tools and platforms to enhance data analysis, automate workflows, and support decision-making processes, demonstrating proficiency in integrating emerging technologies into academic and research initiatives.
- Serve as faculty marshal, escorting graduating seniors during commencement ceremonies.

## 2023 – 2024

### **Tanaq Support Health Services LLC (Remote)**

*Technical Assistance Specialist, Drug Overdose (National Center for Injury Prevention)*

- Identified, documented, and tracked technical assistance activities.
- Oversaw and managed technical assistance activities through an online TA tracking system.
- Supported development and maintenance of an online resource center, including online TA tracking system.
- Oversaw subject matter expert deployment and execution of training and technical assistance tasks.
- Designed, delivered, and evaluated trainings (in person, virtual, modular).
- Designed and facilitated peer to peer learning forums or communities of practice.
- Built and managed relationships with a range of partners: grantees, TA provider organizations, federal clients.

## 2022 - 2023

### **Tanaq Support Health Services LLC (Remote)**

*Health Communications Specialist III, CDC's Office of Health Equity (OHE)*

- Served as task lead in developing, managing, and analyzing the Faith Based Organization (FBO) Data Call survey and final report.
- Served as a presenter sharing findings from the FBO Data Call analysis with OHE leadership and for an All-Hands meeting.
- Demonstrated diplomacy working with CIOs, HHS and other agencies supporting FBO task.

- Established and maintained effective working relationships with health officials, partners, and community representatives.
- Assisted in planning and coordinating the Faith Based 2023 National Convening Meeting.
- Developed narratives for OHE to highlight program and project outcomes and successes in support of CDC's Moving Forward Initiative.
- Assisted in reviewing and clearing materials or documents addressing policy concerns, COVID-19, and other health equity initiatives undergoing clearance approval.
- Coordinated and provided expert technical assistance and research support to partners and coalitions in support of health equity and diversity areas.
- Provided subject matter expertise related to COVID-19, chronic illness, infectious disease, equity, health disparities, disability or other related public health issues.

## **2022 - 2023**

### **Coastal Plains Charter High School (Part-time) (Douglas, GA)**

#### *Mentor*

- Made weekly contact calls with assigned mentees (students) to discuss their courses, life, career, and college plans.
- Provided weekly and monthly reporting updates on assigned mentees.
- Coordinated with the graduation coach to help students achieve set target graduation date and establish where the student plans to graduate (Coastal Plains and/or previous school).
- Coordinated with counselor to provide guidance and discuss College and Life Action plans.

## **2021-2022**

### **Tanaq Support Health Services LLC (Remote)**

#### *Public Health Analyst II, CDC's Drug Free Communities Prevention Program Branch*

- Coordinated and provided expert technical assistance and research support to partners and coalitions in support to various DFC related topic areas of interest.
- Provided expertise regarding in developing and planning ACEs workshops and Peer Exchanged sessions for partners and coalitions.
- Planned, scheduled, and coordinated with project partners and stakeholders.
- Provided expertise in conducting strategic planning and coordination efforts to support CDC - coalitions partnership and engagement initiatives.
- Reviewed existing processes for promotion and educational initiatives to provide recommendations for improvement.
- Coordinated, implemented, executed, controlled, and completed four planned workshops and peer exchanges meetings.
- Served as lead and facilitator for the Health Equity and Teens Linkage to Care Peer Exchange trainings.
- Served as a co-lead on the task team and a skill set with the ability to work with limited direction.
- Provided facilitation and logistics support for workshops and peer exchange virtual meetings.
- Assisted in the writing and development of white paper submissions for deliverable tasks.
- Coordinated overall administrative and program activities to ensure successful tasks executions.
- Established and maintained effective working relationships with health officials, partners, and community representatives (e.g., conducted discovery calls and interviews).

## **2018 – 2021**

### **Montgomery College (Silver Spring, MD)**

#### *Instructor*

- Prepared course materials such as syllabi, course assignments and handouts.
- Delivered lectures to students on topics within the field of Sociology and social issues.

- Evaluated and graded students' class work assignments and papers.
- Facilitated and moderated class discussions.
- Administered and graded examinations.
- Planned, evaluated, and revised curricula course materials and methods of instruction.

## 2018 – 2019

### **Chenega Corporation (Bethesda, MD)**

#### *Research and Education Support Specialist*

- Supported the Vision Center of Excellence (VCE) in the advancement of vision-related education, training, and readiness and vision rehabilitation education.
- Maintained a list of research topics of interest and importance to the VCE that would be suitable for scientific research.
- Organized, analyzed, and presented data using statistical programs.
- Developed protocols and processes for completing and submitting work deliverables (e.g. research plans, clinical best practices recommendations, curriculum plans)
- Coordinated and assisted with preparing documents, plans, reports, and manuscripts for submission to scientific journals.
- Performed literature reviews relative to selective research topics.
- Assisted with the development of educational materials and conference meeting support.
- Provided research plan, literature review and data analysis on approved research topics.

## 2012 – 2018

### **DLH - Danya International Inc. (Silver Spring, MD / Atlanta, GA)**

#### *Partnerships & Outreach Coordinator, CDC National Prevention Information Network (NPIN)*

- Provided innovative services and solutions to public and private sector clients in the areas of public health communications, partner engagement, information technology and research, training and evaluation.
- Oversaw & maintained multiple social media network sites for relevant information and resources for NPIN prevention partners (e.g., Twitter, Facebook, LinkedIn, Google Plus, Hootsuite, SlideShare, Pinterest, Vine, and Storify).
- Organized events & communication activities with and for NPIN prevention partners and DLH-Danya clients (e.g., CDC NPIN Twitter Chats, In the Know: Social Media for Public Health webcasts, Google Hangouts and Danya's Technology, Health, Innovation, Seminars)
- Oversaw and maintained the collection of CDC and partners' awareness and preventive health resources within NPIN's materials database.
- Developed and recommended strategic communication plans for events and social media activities.
- Provided recommendations to management and DLH-Danya clients based on trends identified through the social media network sites, environmental scans with NPIN's prevention partners, and monitoring digital media tracking systems.
- Created and produced scripts/outlines for live webcasts, Google Hangouts, webinars, and NPIN Twitter Chats.
- Developed and facilitated trainings (e.g., Ready Talk webinars, PowerPoint presentations, webcasts, and handouts) for NPIN prevention partners and DLH-Danya clients/staff to learn how to more effectively use social media network sites for prevention outreach, collaboration, and campaign promotion.
- Planned, coordinated and implemented communication strategies (traditional and social media) in collaboration with NPIN prevention partners related to CDC's social marketing campaigns addressing HIV/AIDS, Viral Hepatitis, STDs, and TB.
- Represented NPIN on national awareness days (World AIDS Day, National HIV Testing Day, etc.) workgroups involving NPIN prevention partners, and Danya clients.

- Managed and monitored the comprehensive tracking operations of partnerships, outreach, and social media metrics for reporting and evaluation purposes via Radian 6 data tracking tool.
- Provided recommendations for enhancing NPIN partnerships and stakeholder communication efforts.
- Created written marketing and promotional materials based on CDC and NPIN information, environmental scans, and trending market research.
- Evaluated and reported on NPIN partnership activities on at least a monthly basis utilizing surveys, web metrics, conference audience tracking and other methods.

## 2015 – 2017

### **Howard University (Washington, DC)**

#### *Graduate Research -Teacher Assistant*

- Performed literature reviews relative to sociological research studies on crime, restorative justice, asthma, stress, cardiovascular disease, and terrorism.
- Developed research-based journal papers relative to sociological research topics on crime, restorative justice, terrorism, and asthma.
- Collected and maintained student data information relevant to assigned courses.
- Created sociological perspective notes from literature searches and class discussions.
- Assisted in proctoring and grading class exams.
- Facilitated and engaged students in class discussions.

## 2015 – 2016

### **The Breathe Easy Columbus Coalition (Columbus, GA)**

#### *Social Media Consultant*

- Disseminated approved social media messages that pertained to the Secondhand Smoke Education campaign in the City of Columbus, Georgia.
- Utilized TIPS education campaign information available on the Centers for Disease Control and Prevention's website to develop social media messages.
- Maintained the Breathe Easy Columbus Coalition website, Facebook page, Twitter account, and other social media outlets.
- Evaluated and reported on social media messages and reach on a weekly basis utilizing surveys, web metrics, and google analytics.

## 2010 – 2012

### **Centers for Disease Control and Prevention - CDC (Atlanta, GA)**

#### **Prevention Communications Branch – National Partnerships Team**

#### *Research Fellow*

- Coordinated and provided expert technical assistance to partners and organizations in support of HIV/AIDS prevention and education initiatives at CDC's National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention.
- Managed and monitored the comprehensive tracking operations of the technical assistance database.
- Developed internal and external trainings and related curricula (e.g., PowerPoint presentations, webinars, pamphlets, fact sheets, and HIV/AIDS focused videos) for partners to address HIV/AIDS in the public and private sector and among their targeted audiences.
- Independently created culturally competent strategic plans for marketing programs, public health communication, and social marketing initiatives for addressing HIV/AIDS among underserved and vulnerable populations at high risk for HIV infection (e.g., African Americans, Hispanics/Latinos, MSM, youth, and women).
- Developed and executed short- and long-term strategic marketing plans to promote HIV/AIDS prevention and education according to division, branch, and team goals and objectives.

- Managed and facilitated Leadership Workgroups developed under the Act Against AIDS Leadership Initiative Program.
- Provided expert technical assistance and oversight of special events and local mobilization activities for partners (e.g., strategic planning, development, and implementation of the E.R.A.S.E. HIV Youth Summit with the Magic Johnson Foundation).
- Served as project lead to independently design, implement, and evaluate the Hairstylist/Barber HIV Prevention Initiative under the Business Responds to AIDS/Labor Responds to AIDS Program (BRTA/LRTA), which promotes and supports HIV/AIDS prevention efforts within the private sector.
- Collected and compiled qualitative and quantitative data on the Hairstylist/Barber HIV Prevention Initiative for summative evaluation reports.
- Planned, coordinated, and implemented communication and social media strategies in collaboration with partners related to CDC's social marketing campaigns addressing HIV/AIDS.
- Ensured health communication strategies, prevention messages, materials created, and initiatives follow theory based, accepted principles, standards, and methods according to published research and evaluative research.
- Performed and presented literature reviews, library searches, review surveillance data, health statistics, and other articles that address HIV/AIDS upon specified groups impacted.
- Conducted internal and external briefings and delivered presentations to small and large groups, senior leadership, targeted audiences, partners, organizations, and internal staff to discuss current HIV/AIDS data, high impact prevention strategies, and other prevention and research initiatives or activities.
- Worked with CDC's media team and external partners to plan, coordinate, and disseminate information on partner media events, partner talking points, and other health related messages through various media outlets (e.g., newspaper, radio, and web).
- Collected and managed measurable evaluation metrics for the Act Against AIDS Leadership Initiative Program and provide assistance with creating technical and summative reports.
- Promoted and delivered social media talking points and tweet messages for public and private sector health initiatives during HIV/AIDS Awareness Days (e.g. World AIDS Day).
- Gathered data and used environmental scans to monitor and track HIV/AIDS prevention initiatives for public and private sector engagement with the BRTA/LRTA Program.

## **2009 – 2010**

### **Morehouse School of Medicine (Atlanta, GA)**

#### *Research Assistant*

*F.I.G.H.T. (Families Implementing Good Health Traditions) Against MetS (Metabolic Syndrome) program is a family oriented research study designed to provide African Americans families with simple and effective tools to incorporate exercise and a healthy diet into their lifestyle to prevent the development of heart disease and associated risk factors.*

- Recruited participants for the research study who met the inclusion criteria.
- Established and maintained linkages with key stakeholders.
- Managed daily operations of the research project.
- Conducted health assessments on participants.
- Performed literature reviews and environmental scans relative to research studies.
- Developed training and study curricula for the research participants.
- Coordinated and facilitated health educational lectures with children ages 5 – 17.
- Gathered and organized statistical information through various methods and techniques (e.g., SPSS and SAS).

### **American Heart Association (Marietta, GA)**

#### *Graduate Student Intern*

*The Get with the Guidelines program provides hospitals and health professionals with the latest and most up to date heart and stroke guidelines for treatment and care.*

- Conducted research on video conferences to determine the best techniques, methods, usefulness, and cost effectiveness of training materials.
- Created and managed project timelines to implement the “Get with the Guidelines” video conference.
- Developed a budget for the video conference.
- Researched different approaches and methodologies to broadcast and deliver the video conference.
- Researched, identified, and negotiated venues for the conference broadcasting.

## **2008 – 2009**

### **Morehouse School of Medicine - Master of Public Health Program (Atlanta GA)**

#### **Southwest DeKalb High Band 5K Walk Project (Decatur, GA)**

*The purpose of the project was to evaluate the effectiveness of the high school band as a community – focus and teen outreach program for positive youth development.*

- Conducted an assessment and environmental scan of the community and key stakeholders.
- Developed a plan and project timeline for implementing the 5K walk.
- Leveraged various sponsorships and volunteers to support the 5K walk.
- Promoted student engagement.
- Developed a summative report and presented project findings and outcomes.

### **Morehouse School of Medicine - Master of Public Health Program (Atlanta GA)**

#### **Sickle Cell Foundation Project (Atlanta, GA)**

*The purpose of the project was to mentor and teach life skills to children between the ages of 6 – 13 participating in the after-school tutorial program.*

- Analyzed and identified specific needs relevant to the mission of the afterschool program.
- Developed and conducted activities on diet, physical activity, and hygiene to improve their individual health behaviors.
- Provided tutorial assistance to help improve academic performance.
- Provided administrative support in the daily preparations of the afterschool program.

## **June 2008 – December 2008**

### **Jackson’s Point of Light Family Medical (Phenix City, AL)**

*Certified Medical Assistant*

- Conducted initial health assessments of patients visiting the clinic.
- Performed front office administrative tasks in the clinic.
- Communicated plan of care effectively and with cultural proficiency to patients.
- Administered treatment orders and procedures from the physician.

## **August 2003 – June 2008**

### **Columbus Medical Associates (Columbus, GA)**

*Certified Medical Assistant*

- Conducted initial health assessments of patients visiting the clinic.
- Performed front office administrative tasks in the clinic.
- Communicated plan of care effectively and with cultural proficiency to patients.
- Administered treatment orders and procedures from the physician.

**2001 – 2003**

**Coffee Regional Medical Center (Douglas, GA)**

*Certified Patient Care Tech*

- Responded to hospital emergency code blues and assisted in performing CPR.
- Monitored and provided care to male patients admitted to hospital.

**EDUCATION**

PhD, Sociology, Concentration: Medical Sociology and Criminology Fall 2023

**Howard University, Washington, DC**

*Dissertation Topic: Perceptions of health recommendations and adherence patterns among Black men at risk for Cardiovascular Disease*

Master of Public Health, Concentration: Health Education & Health Promotion 2010

**Morehouse School of Medicine, Atlanta, GA**

*Thesis Topic: Perceptions of health recommendations and adherence patterns among African Americans at risk for Cardiovascular Disease*

Bachelor of Science, Health Science 2007

**Columbus State University, Columbus, GA**

**CERTIFICATIONS:**

Quality Matters Trainings: Using Instructional Materials and Technology to Promote Learner Engagement, Leveraging Generative AI for Course Design, Designing Your Online Course, and Applying the QM Rubric

Certified Health Education Specialist (CHES)

Certified Medical Assistant

**Professional Organizations:**

Alpha Kappa Delta Sociology International Honor Society

American Sociological Association

National Commission for Health Education Credentialing

American Public Health Association

Alpha Phi Alpha Fraternity Incorporated

**RESEARCH INTEREST**

General Interests: Medical sociology (e.g., chronic diseases and infectious diseases), health equity, social determinants of health, race and racism, political economy, law/policy, social movements/social change, transformative sociology, public sociology, public health, criminology and policy, crime, restorative justice, at risk youth/juvenile delinquency

Understanding factors that contribute to social and economic disparate conditions in both American and global society. (e.g., economic, and racial inequalities, poverty, health equity)

Analyzing injustice and exploring systemic problems that perpetuate classism, racism, Black masculinity (e.g., mass incarceration, prison industrial complex, gentrification, social determinants of health)

**PRESENTATIONS:**

<b>August 2025</b> Oral Presentation:	<b>SSSP Conference</b> Revolutionizing Heart Health: Applying Insurgent Sociological Approaches to Understand Black Men's Perceptions of Cardiovascular Risk Reduction	<b>Chicago, IL</b>
<b>August 2025</b> Oral Presentation:	<b>SSSP Conference</b> Empowering Agents of Change: Student-Led Research and Practical Experience Courses for Teaching Social Change	<b>Chicago, IL</b>
<b>July 2023</b> Oral Presentation	<b>Faith-Based Data Call 2022 (All-Hands Meeting)</b> A snapshot of CDC's Office of Health Equity Data Call findings on faith-based organizations involvement and work being implemented to support health equity and public health initiatives.	
<b>August 2022</b> Training Presentation	<b>Health Equity and Diversity Peer Exchange</b> CDC's Drug-Free Communities peer focus meeting for coalitions to learn, communicate, and collaborate on how to address and implement health equity and diversity practices.	
<b>July 2022</b> Training Presentation	<b>Teens Linkage to Care (TLC) Peer Exchange</b> CDC's Drug-Free Communities peer focus meeting for coalitions to learn, communicate, and collaborate on how to address mental health among teens.	
<b>October 2014</b> Oral Presentation	<b>SouthWired Conference</b> Extending Reach and Improving Engagement: Best Practices for Conducting Successful Twitter Chats	<b>Atlanta, GA</b>
<b>March 2014</b> Training Presentation	<b>Danya International Inc.</b> In the Know 2: What's New in Social Media for Public Health?	<b>Atlanta, GA</b>
<b>February 2014</b> Training Presentation	<b>Danya International Inc.</b> Using What You Know about Social Media: How to Conduct a Google Plus Hangout on Air	<b>Atlanta, GA</b>
<b>January 2014</b> Training Presentation	<b>Danya International Inc.</b> Using What You Know about Social Media: How to Conduct a Successful Twitter Chat	<b>Atlanta, GA</b>
<b>July 2011</b> Oral Presentation:	<b>Morehouse School of Medicine</b> <b><i>Community Youth Mappers Program</i></b> Building Healthy Communities: Addressing Health Disparities and Environmental Justice Issues	<b>Atlanta, GA</b>
<b>June 2011</b> Oral Presentation:	<b>Ben Carson Science Academy</b> Building Healthy Communities: Addressing Health Disparities and Environmental Justice Issues	<b>Atlanta, GA</b>

**December 2010**  
Poster Presentation: **RCMI International Symposium** **Nashville, TN**  
Perceptions of Adherence to Recommendations for Healthy Lifestyles by Health Professionals in African Americans at risk for Cardiovascular Disease

**October 2010**  
Training Presentation: **Kennesaw State University** **Kennesaw, GA**  
Overview of HIV/AIDS in African American Communities

**September 2010**  
Training Presentation: **Piney Grove Baptist Church** **Atlanta, GA**  
Overview of HIV/AIDS in African American Communities

**November 2008**  
Poster Presentation: **APHA Conference** **Philadelphia, PA**  
Does knowledge of family history of CVD have an effect on behavioral compliance among hypertensive persons?  
Poster Presentation: Does knowledge of hypercholesterolemia have an effect on behavior modifications which can impact cardiovascular disease?

## **PUBLICATIONS**

- C.H.A.R.T. Study: An Examination of Selected at Risk Lifestyles and Other Factors for Cardiovascular Diseases: A Focus on Black Males Perceptions of Adherence to Recommendations for Healthy Lifestyles by Health Professionals (Available from ProQuest Dissertations & Theses)
- Examining Social, Cultural and Institutional Factors that Influence Black Males Receiving Health Recommendations for Cardiovascular Disease (intended for submission)