

## What is a Mentee?

A mentee is a student who asks questions and looks for guidance from the mentors of the mentor program.

## What are the benefits of being a mentee?

Mentees develop a support system on campus, develop relationships with other students and faculty, learn how to navigate the academic system and find resources on campus. In general students who participate in mentor programs are more academically successful .

Peer Mentoring provides both the mentor and mentee with valuable life experiences that will propel them toward successfully achieving their life goals. More specifically, mentees can expect to realize improvement in the following:

- *Study Skills*
- *Time & Stress Management*
- *Academic Planning*
- *Interpersonal Communicative Skills*
- *Developing Healthy Relationships*
- *Networking*



Students who would like more information about peer mentoring should contact:

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## Peer Mentoring Program



Office  
of  
Retention

## Overview

The Student Mentorship Program was implemented during the 1998-99 school year as a proactive approach to student retention. This program was developed to help first-time, full-time freshmen in their adjustment to college life. All mentees are required to attend the Academic Skills Computers Lab five hours per week. Upperclassmen serve as student mentors to ease into the bonding transition from high school to college. Mentees (first-time, full-time freshmen) are selected from First Year Experience Classes and are paired with student mentors based on common interests such as--academic majors, interests, states, etc. The Student Mentorship Program helps in-coming students to become connected to the University.

## Objectives

- Create a positive and structured environment that will foster healthy mentoring relationships between students and trained mentors that will guide the students toward academic success.
- Assist students in developing academic and life skills by providing at least one opportunity per semester for students to engage in a group or individual mentoring session, as long as that student is an active participant in the peer mentoring program.
- Reinforce students' academic and personal responsibility by expecting students to adhere to the guidelines and requirements associated with programming that is partnered with the Peer Mentoring Program; in addition students will be expected to meet attainable goals outlined within mentoring sessions.
- Diligently work toward maintaining an atmosphere wherein respectful exchange of ideas between the student and mentor is consistently encouraged, as well as affording opportunities for open experiences that will lead to transformed perspectives and approaches in navigating a collegiate environment.

## Purpose of Peer Mentoring

The peer mentoring program connects our first year students with successful continuing students with whom they are likely to identify. By providing social support in a friendly environment, peer mentors help first year students with their transition to the university, make them feel at home in the academic environment, and enhance their college experience.

## What is a peer mentor?

A Peer Mentor is an upper-classmen who is assigned a first semester student. The peer mentor serves as a support and resource person who provides information, encouragement and guidance during a student's first year at GSU. It is our goal that the mentoring relationship will enhance the new student's transition to the University.