

For information or assistance, please contact any of the following EAP committee members during business hours:

DeRee Allen	362-5291
Janis Ballard	247-4254
John Butitta	362-5262
Joy Camp	361-7281
Lola Coleman	362-3362
Steve Elliott	362-4222
Gerri Hendershot-Green	362-3352
Amy Hunt	362-3396
Lester Johnson	330-7234
Kay Payne	435-2163
Victoria Pleasant	362-5031
Donna Sewell	368-3179
Janice Waggoner	330-7232
Kathy Watson	766-3513
Elaine Whittington	362-5303
Paula Woodfork-White	274-2493

For critical problems which require attention after hours or on weekends, **FIRST CALL FOR HELP** provides a 24-hour confidential hotline which provides information and referral to appropriate community agencies.

FIRST CALL FOR HELP

322-0400

Or

1-800-644-9886

WHAT AREAS ARE COVERED?

ALCOHOL ABUSE

Alcohol abuse can interfere with one's ability to do a good job. If you think you have a problem caused by alcohol abuse, contact any member of the EAP.

DRUG ABUSE

Drugs, both prescribed and illegal are a widespread problem which can disrupt all phases of your life. Through the EAP you will receive support and encouragement leading to professional evaluation and treatment.

FAMILY AND MARITAL

Families experience serious emotional crises brought about by the death of a family member, divorce, failing grades, aging parents, etc. When you don't know where to turn for help, contact a member of the EAP.

FINANCIAL

Most people experience financial problems at one time or another. Often they find ways to solve them, but when a person is in a continual or growing financial crisis, the EAP can be your first step toward help.

EMOTIONAL

We have situations and/or problems that cause mental and emotional stress in our work, family, and other relationships. Support from the EAP can help you recognize, understand and cope with these problems.

GAMBLING

Most Americans who gamble are social gamblers who can participate in gambling activities without harmful effects. However, there is a small percentage for whom the activity becomes problematic or even uncontrollable. Your EAP is here to help.

If there are issues causing serious problems for you that are not listed here, feel free to contact a member of the Employee Assistance Program.

WHAT IS THE EMPLOYEE ASSISTANCE PROGRAM ALL ABOUT?

The State of Louisiana Employee Assistance Program in the Region VIII area is designed to assist and support employees who are experiencing personal problems and may benefit from outside management or professional help. These problems include substance abuse, family, emotional, financial and other problems that affect job performance, job security, or the health and well being of the employee.

Employee volunteers from participating agencies serve as EAP representatives, providing the link between the employee and the assistance or resource required. Volunteers who serve as EAP representatives in addition to their regular job duties, receive extensive training from professionals within the community.

CONFIDENTIALITY

No information about an employee's participation in the EAP will be placed in the employee's personnel file or released without the employee's written consent. Participation in this program will not jeopardize your present position or future job opportunities.

COST

The services provided by the members of the EAP committee are free of charge. If you are referred for treatment, you will need to contact your health insurance carrier to determine insurance coverage.

WHO IS ELIGIBLE FOR EMPLOYEE ASSISTANCE PROGRAM SERVICES?

The Employee Assistance Program is available to all state employees who work in the Region VIII parishes of Northeast Louisiana.

The individuals found in this
brochure are State Employees
just like you. They are ready to
help you find the best referral
source for your needs.



**CALL AN E.A.P.
COMMITTEE
MEMBER**

EMPLOYEE ASSISTANCE PROGRAM

**Helping
Region VIII
Employees find
the help they
need.**

**IF YOU HAVE ANY
QUESTIONS,
CALL
362-3270**

EMPLOYEE ASSISTANCE PROGRAM

**REGION VIII
OFFICE FOR
ADDICTIVE
DISORDERS**

**2807 Evangeline Street
Monroe, LA 71201**