



Health Fair

APS Healthcare is sponsoring a **FREE** *Health Fair* for all Louisiana State employees and eligible family members*:

8 a.m. to 3 p.m.

Tuesday, September 18th

2nd Floor Conference Hall
State Office Building, Monroe

- Nurses and Health Educators will be available to answer questions
- Free Health Information
- Healthy Snacks
- OGB Vendors will be available to answer benefit questions
- Free health screenings for OGB members, including:

- ◆ Blood pressure
- ◆ Total cholesterol
- ◆ Blood glucose

- ◆ Height and weight measurements
- ◆ Body fat percentage
- ◆ Body mass index