Counseling Services Policy at GSU

Distributed by the GSU Student Counseling Wellness Resource Center
For More information, please visit http://www.gram.edu/student-life/services/counseling-center/ or call 318-274-3277

Also, find us on Facebook. https://www.facebook.com/GSU-Counseling-and-Wellness-Resource-Center-2112906045688529/

The Student Counseling and Wellness Resource Center(SCWRC) exists as a campus resource to assist with psychological issues and interpersonal or group dynamics in <u>students</u>.

The Counseling staff will also help Staff and Faculty get connected to the EAP and other resources as needed when in a crisis. However, they **do not** provide counseling to Staff and Faculty.

SCWRC Offers Consultation regarding students

A service to identify strategies that may help students who have developed personal or academic problems affecting their overall performance.

- Responding to Students in Distress (brochure)
- Resources for Healthy Thinking and Coping Strategies (Flyers)
- Referrals to Tutorial Services available at Grambling State University

Workshops and class presentations

- The SCWRC offers expertise in a variety of areas, including professional communication, organizational behavior and assertiveness.
- Material in these areas can be presented to students in stand-alone workshops, classroom guest presentations, lectures or co-instruction using mini-modules within a particular course.
- To discuss possible collaborative projects, contact Dr. M Coleen Speed. You may also make special arrangements for consultation with departments.

If you need to consult with a counselor or have an emergent need to talk with a counselor, please call the Director of Counseling Services, 318-274-3277, (confidential voice mail). If there is no answer and you need immediate assistance, call 318-274-2222 to contact the Grambling State University Police Department.