



Division of Student Affairs
Student Counseling Wellness and Resource Center

Are You Ready?

Grambling State University Student Counseling and Wellness Center would like to offer our sincere thoughts and concerns for any of you who are experiencing the flooding from Hurricane Harvey. Maybe you or your love ones are dealing with anxiety or have been triggered from a previous devastation such as Hurricane Katrina. Whatever the case is the Student Counseling Center is open Monday through Friday from 7:30 AM until 5:00 PM. The Counseling Center also offers 24 hour on-call services to meet your needs.

If you are dealing with being overwhelmed, feeling anxious or afraid please do not hesitate to come or call the Counseling Center for help. Although you may not have been directly affected, you can still feel the negative effects of this devastation. The GSU Student Counseling and Wellness Resource Center is expecting a good semester for everyone and we are here to help you through whatever you feel you are going through, it does not matter large or small. Please call us and let us help.

Peace and blessings,

Dr. Coleen Speed & Counseling Staff

GROW