

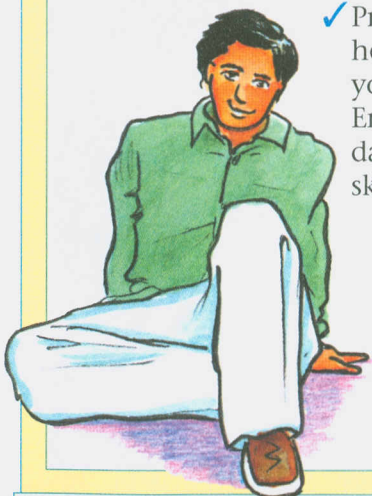
Date Rape Dangers

- ✓ Because some club drugs are colorless, tasteless and odorless, they can be put in a drink without the person knowing. They can be used to incapacitate someone so he or she can be raped without struggle.
- ✓ GHB, ketamine and Rohypnol have all been associated with rapes.
- ✓ To be safe, people at raves, parties or clubs should keep an eye on their drinks and should not accept drinks from anyone they don't know.

Parties, Raves and Clubs

- ✓ There is nothing wrong with going to parties, clubs or raves. But using ecstasy or other drugs, especially when dancing for a long time, is dangerous.
- ✓ The stimulant effects of ecstasy, which enable users to dance for long periods, may also lead to increase in body temperature, dehydration, heart failure, kidney failure, strokes and seizures.

- ✓ Protect your health and your future. Enjoy the dancing, but skip the drugs!



Get the Facts. Protect Your Health!

Some people believe ecstasy and other club drugs won't hurt you. But the truth is that taking any drug can have serious consequences. For more information about these and other drugs, visit the NIDA website at www.drugabuse.gov. If you or someone you know is having a problem with drugs, you can call the National Drug Abuse Hotline at 1-800-662-4357



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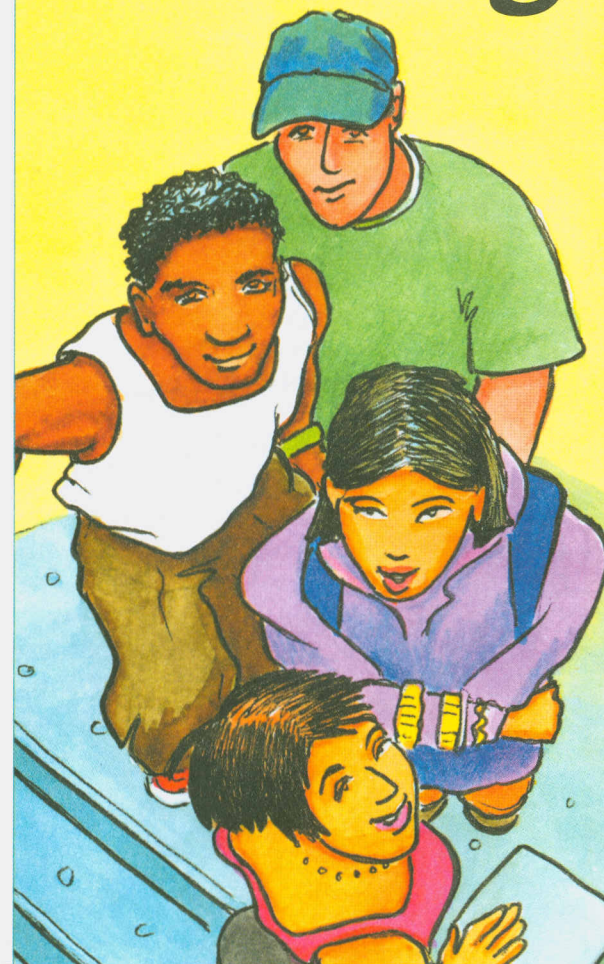
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32 FACTS YOU NEED TO KNOW

Ecstasy and Other Club Drugs



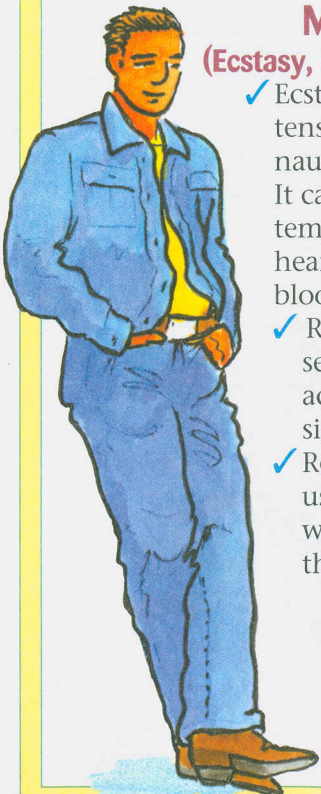
PROTECT YOUR HEALTH

Club Drug Facts

- ✓ Ecstasy and other club drugs are also called party drugs, rave drugs and designer drugs.
- ✓ No drug use is safe. Club drugs can cause serious health problems and sometimes even death.
- ✓ When combined with alcohol, club drugs can be even more dangerous.
- ✓ Because club drugs are often made in home labs, you cannot know for sure the strength of the drug or whether it has been mixed with other harmful chemicals.
- ✓ Club drugs are sometimes mixed with cocaine or amphetamines to make them more addictive.

MDMA (Ecstasy, E, XTC, X, Adam)

- ✓ Ecstasy can cause muscle tension, teeth clenching, nausea and blurred vision. It can also cause high body temperature, increased heart rate and increased blood pressure.
- ✓ Regular use can cause serious liver damage. An acne-like rash may be a sign of liver problems.
- ✓ Research shows that regular use may cause problems with depression, sleep and thinking.



Rohypnol

(Roofies, Rophies, Roachies, Rope)

- ✓ Rohypnol is a depressant. It causes muscle relaxation, low blood pressure and drowsiness. Sometimes it causes dizziness, confusion and upset stomach.
- ✓ It also causes people to forget what happened.
- ✓ Rohypnol is addictive. People who are addicted can go into seizures during withdrawal.

GHB

(Liquid Ecstasy, G, Georgia Home Boy)

- ✓ GHB is a depressant. GHB is sometimes used like a synthetic steroid to build muscle.
- ✓ At higher doses, GHB can slow breathing and heart rate to dangerous levels and may cause a coma or death.
- ✓ An overdose of GHB can occur quickly. The signs include drowsiness, nausea, vomiting, headache, loss of consciousness, loss of reflexes, difficulty with breathing, and ultimately death.



Ketamine

(Special K, Vitamin K, Cat Valiums)

- ✓ Ketamine causes people to feel detached from their body.
- ✓ Higher doses of ketamine cause agitation, hallucinations and breathing problems. Small amounts can cause problems with memory and attention.
- ✓ Because it's a painkiller, people using it can physically hurt themselves without knowing.

Methamphetamine and Methamphetamine Hydrochloride (Speed, Meth, Chalk, Ice, Crystal, Glass)

- ✓ Methamphetamine is very addictive. People can become addicted after only a few uses.
- ✓ Meth can cause irritability, insomnia, confusion, tremors, convulsions and anxiety. In some people, it can cause violent or psychotic behavior.



- ✓ Meth also increases heart rate and blood pressure. It can cause irreversible damage to blood vessels in the brain, producing strokes.
- ✓ Over time, using methamphetamine may cause brain damage, resulting in symptoms similar to Parkinson's disease.

LSD (Acid)

- ✓ LSD is unpredictable. Everyone is affected differently depending on the amount taken, when and where taken, and the user's personality.
- ✓ Bad trips are not uncommon.
- ✓ People can have flashbacks from bad trips. Flashbacks can happen a few days or even years after taking LSD.
- ✓ Some LSD users have developed long-lasting mental problems such as schizophrenia or severe depression. No one knows why some people react this way.

